

**Iowa Peer & Family Peer
Support Training Program**

Objectives

- * Understand the collaborative spirit of the Peer Support and Family Peer Support Training Program
- * Understand the contracted deliverables expected of the Peer Support and Family Peer Support Training Program
- * Identify opportunities to be involved planning and training activities



Partners



Iowa Peer & Family Peer
Support Training Program



UNIVERSITY OF IOWA

CENTER FOR CHILD HEALTH
IMPROVEMENT & INNOVATION



NATIONAL RESOURCE CENTER
FOR FAMILY CENTERED PRACTICE

UNIVERSITY OF IOWA SCHOOL OF SOCIAL WORK



National Alliance on Mental Illness



Access for Special Kids



- CCHII was established to promote systems improvement and innovation in pediatric and community practice through:
 - Conducting health outcomes and system research
 - Developing and evaluating innovative models of care
 - Establishing statewide networks to disseminate best practices





- * **ASK (Access for Special Kids) Resource Center** is a parent training, information, and advocacy center for families of children with special needs across the state of Iowa.
- * Family-driven 501(c)(3) non-profit organization.
- * Federally designated **Family to Family Health Information Center** for children with disabilities and their families



Iowa Peer & Family Peer
Support Training Program



- CHSC is a community-based public health agency that serves children with special health care needs and their families
- CHSC's System of Care includes gap-filling clinical services, care coordination, family to family support, and systems building
- CHSC has a network of regional centers and satellite locations across Iowa



Iowa Peer & Family Peer
Support Training Program



Support Groups, Education, Outreach and Advocacy

[NAMI Black Hawk County \(Cedar Falls/Waterloo/Waverly area\)](#)

[NAMI Central Iowa \(Story County\)](#)

[NAMI Dubuque](#)

[NAMI Greater Des Moines](#)

[NAMI Hardin County](#)

[NAMI Jasper County](#)

[NAMI Johnson County](#)

[NAMI Linn County](#)

[NAMI North Iowa](#)

[NAMI Northwest Iowa](#)

[NAMI Greater Mississippi Valley \(Davenport\)](#)

[NAMI Siouxland](#)

[NAMI Support Group Creston area](#)

[NAMI Family-to-Family Support Group Floyd County](#)

[NAMI Support Group Great River Area](#)

[NAMI Support Group Ottumwa Area](#)

[NAMI Support Group Sioux County](#)

[NAMI Support Group South Central Iowa](#)



**Iowa Peer & Family Peer
Support Training Program**

Core Components

This comprehensive training program will include

- * Standardized curriculum
- * Standardized certification process
- * Training for Supervisors of Peer Support and Family Peer support Specialists
- * Continuing education opportunities
- * Networking opportunities for Peer Support and Family Peer Support Services across Iowa





**Iowa Peer & Family Peer
Support Training Program**

Work Plan 1: Recruiting & Training

Work Plan 2: Certification & Supervision

Work Plan 3: Continuing Education





Goal: To develop a comprehensive recruitment and training program for Peer & Family Peer Support Specialists.

Objective: In collaboration with Peer & Family Peer Support Specialists, Providers, people using peer support services & other stake holders we will

- * Recruit

- * Train

- * Retain

additional Peer & Family Peer Support Specialists for the statewide peer workforce.



Collaboration

- * Peer Support Training & Coordination
Collaborative-CCHII, NRC, NAMI, ASK,
- * Statewide Listening/feedback Sessions
- * Online Surveys
- * Advisory Committees

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Advisory Committees

- * **Peer review** is the evaluation of work by one or more people of similar competence to the producers of the work.
- * Peer review methods are employed to maintain standards of quality, improve performance, and provide credibility.
- * It constitutes a form of self-regulation by qualified members of the profession.



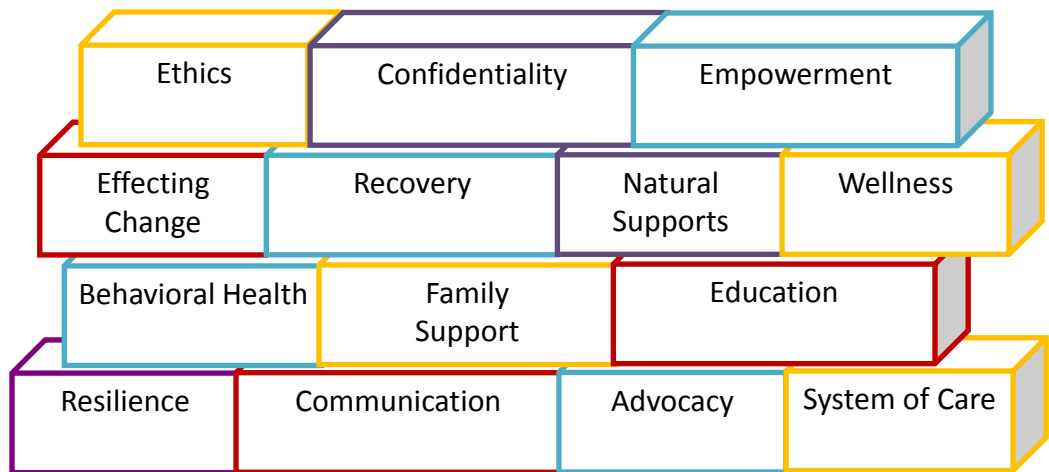
Activities Related to Work Plan 1

Training and Recruiting

- * Develop marketing material
- * Develop plan for recruiting new P/FPSS
- * Develop web-based realistic job previews
- * Identifying core competencies
- * Define qualifications for Partner &
Peer (lived experience) Trainers
- * Curricula review
- * Hire qualified trainers
- * Provide trainings

Review existing curricula

- * Evaluate based on scoring matrix
- * Consider alignment to best practices and identified core competencies
- * Process and product reviewed by Advisory Committee
- * Draft of Curricula due to IDHS on June 16th





Hire Qualified Trainers

- * Co-trainer model
- * Family Trainers
- * Peer Trainers
- * “...committed to partnering with all interested organizations and individuals in order to further develop standardized training curricula for the peer support workforce in Iowa”



Trainings

- * Begin in July 2015
- * 4 regional locations
- * By July of 2016
 - 110 new Peer Support Specialists
 - 90 new Family Peer Support Specialists



Work Plan 2

Certification & Supervision



Goal: To develop a comprehensive certification process for all Peer & Family Peer Support Specialists in Iowa.

Objective 1: Assure that Certified Mental Health Peer Support Specialist (CMHSS) State Certification is available for all Peer Support Specialists

- Identify and support Peer Support Specialists seeking CMHPSS State Certification, including assisting through the application process



Goal: To develop a comprehensive certification process for all Peer & Family Peer Support Specialists in Iowa.

Objective 2: Develop competencies for Peer and Family Peer Support Specialists

- Listening sessions, surveys, interviews
- Review curricula and existing competencies
- Draft competencies for review by stakeholders, Advisory Committees
- Finalize competencies



Goal: To develop a comprehensive certification process for all Peer & Family Peer Support Specialists in Iowa.

Objective 3: Develop new certification process for Family Peer Support Specialists, including certification exam

Objective 4: Evaluate CMHPSS process and make recommendations to IDHS:

- addresses necessary competencies?
- need for additional or more inclusive certifications?

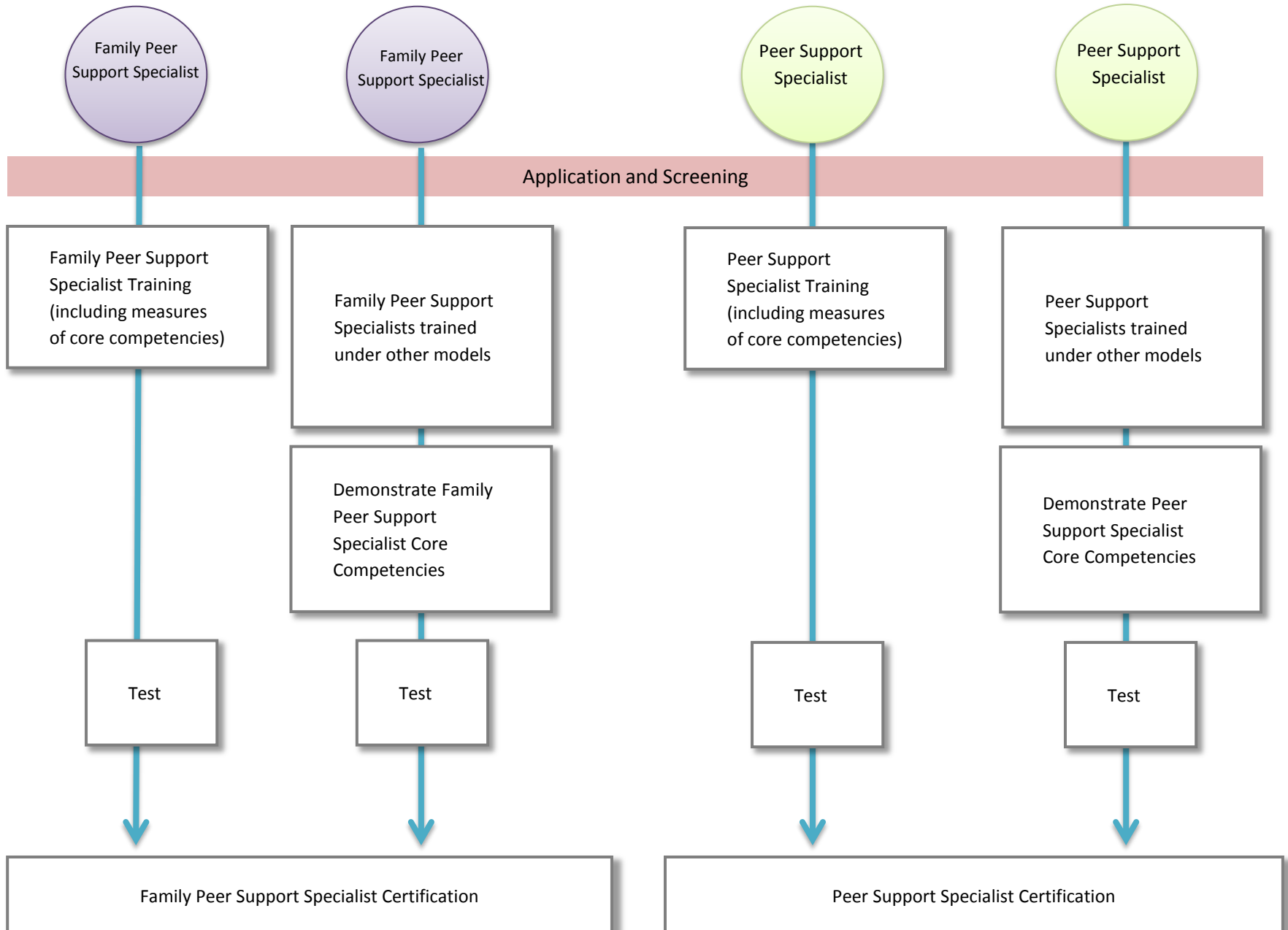


Goal: To develop a comprehensive certification process for all Peer & Family Peer Support Specialists in Iowa.

Objective 5: Develop training, competency measures and examination(s) for Peer and Family Peer Support Specialists that lead to appropriate certification(s)

Objective 6: Identify and recommend strategies/process/timelines for certifying specialists trained in other models

Paths to Certification for Family Peer Support Specialists and Peer Support Specialists





Goal: To develop a comprehensive certification process for all Peer & Family Peer Support Specialists in Iowa.

Objective 7: Recommend standards for Peer and Family Peer Support Supervisors

- Listening sessions with supervisors
- Draft standards for review


Objective 8: Offer supervisor training

- Revise University of Iowa Family Support Supervisor curriculum to reflect needs
- Deliver supervisor trainings



Work Plan 3


Continuing Education



Goal: To make continuing education available at no cost to Peer and Family Peer Support specialists, supervisors and qualified trainers

Objective 1: Collaborate with stakeholders and Advisory Committee to explore continuing education needs and feasible formats

Objective 2: Recommend training content and numbers of hours of continuing education for each job classification



Goal: To make continuing education available at no cost to Peer and Family Peer Support specialists, supervisors and qualified trainers

Objective 3: Survey and catalog existing trainings to meet continuing ed needs

- map training to competencies
- provide information through Community of Practice

Objective 4: Develop continuous quality improvement process for the delivery of all training provided by the Collaborative



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